

# DINE

WITH MIQUILL

WEEK ONE

DINE

Main Meal

DINE

Vegetarian



Sweet Options

## MONDAY

### Bangers & Mash

*Sausages and creamy mashed potato served with carrots and gravy*

### Plant Based Sausage Roll

*Served with crudites or Vegetables & Potatoes*

### Chocolate Crispy Cakes

*A rice crispie school classic*

## TUESDAY

### Spaghetti Bolognese

*Italian classic beef bolognese served with crudites*

### Shepherdess Pie

*A vegan mince and lentil filling with a crispy mashed potato topping*

### Apple Sponge Cake

*Served with Custard*

## WEDNESDAY

### Roast Turkey

*with Mashed Potatoes, Fresh Vegetables and Gravy*

### Cheese & Tomato Quiche

*with Mashed Potatoes, Fresh Vegetables and Gravy*

### Fruit Flapjack

*Traditional Flapjack with raisins*

## THURSDAY

### Chicken Tikka Masala

*Served with Wholegrain Rice and Indian Carrots & Peas*

### Sweet Potato & Chickpea Curry

*Served with Wholegrain Rice and Indian Carrots & Peas*

### Vanilla Cookie

*The Best Vanilla Cookies around*

## FRIDAY

### Fish Fingers

*Golden Breaded Salmon or Pollock Fish Fingers with Chips & Peas*

### Homemade Margherita Pizza

*Homemade pizza base & sauce topped with cheese and served with chips*

### Jelly & Fruit

*Orange Flavoured Jelly served with fruit slices*

Filled Jackets and freshly made sandwiches and baguettes are also available

Fresh Bread, Yoghurt and Fruit are available daily



# DINE

WITH MIQUILL

WEEK TWO

DINE

Main Meal

DINE

Vegetarian



Sweet Options

## MONDAY

### All Day Breakfast

*Sausage, egg, tomato, hash brown & baked beans*

### Veggie All Day Breakfast

*Veggie Sausage, egg, tomato, hash brown & baked beans*

### Chocolate Oat Crunch

*Chocolate oat cake topped with chocolate icing*

## TUESDAY

### Creamy Chicken Wholegrain Pasta Bake

*Creamy & cheesy chicken pasta served with a green salad*

### Cheesy Bean Wrap

*Cheese & baked beans baked in a soft flour tortilla with new potatoes & salad*

### Apple Crumble

*Served with Custard*

## WEDNESDAY

### Roast Chicken & Stuffing

*with Crispy Roasties, Fresh Vegetables & Gravy*

### Winter Casserole with Herby Dumplings

*with Crispy Roasties, Fresh Vegetables & Gravy*

### Carrot Cake

*A moist cake made with carrots and spices*

## THURSDAY

### Homemade Beef Burger

*In a floured bap, served with Wedges & Sweetcorn*

### Veggie Hot Dog

*Quorn Sausage in a floured hot dog roll served with Wedges & Sweetcorn*

### Lemon Cookie

*The Best Lemon Cookies around*

## FRIDAY

### Fish Fingers

*Golden Breaded Salmon or Pollock Fish Fingers with Chips & Peas*

### Homemade Margherita Pizza

*Homemade pizza base & sauce topped with cheese & served with chips*

### Jelly & Fruit

*Orange Flavoured Jelly served with fruit slices*

Filled Jackets and freshly made sandwiches and baguettes are also available

Fresh Bread, Yoghurt and Fruit are available daily



# DINE

WITH MIQUILL

WEEK THREE

DINE

Main Meal

DINE

Vegetarian

Dessert  
STOP

Sweet Options

## MONDAY

### Bangers & Mash

Sausages and creamy mashed potato served with carrots and gravy

### Veggie Bangers & Mash

Quorn Sausages and creamy mashed potato served with carrots and gravy

### Chocolate & Beetroot Brownie

Rich & sticky choc brownie

## TUESDAY

### Homemade Chicken & Rice Wraps

Marinated chicken pieces & rice, in a soft tortilla wrap, served with crudites

### Super Veggie Burger

Homemade burger in a floured bap served with veggies & potatoes

### Golden Syrup Sponge

Served with custard

## WEDNESDAY

### Roast Gammon

with Mashed Potatoes, Fresh Vegetables and Gravy

### Cheese & Potato Pie

Puff Pastry topped pie with Mashed Potatoes, Fresh Vegetables and Gravy

### Traditional Vanilla Shortbread Biscuits

## THURSDAY

### Chilli Con Carne

Mild beef chilli served with wholegrain rice & broccoli

### Veggie Bean Burrito

Roasted veg, beans, rice & cheese rolled up in a soft flour tortilla and served with broccoli

### Oat Cookie & Fruit Slices

The Best Oat Cookies around

## FRIDAY

### Fish Fingers

Golden Breaded Salmon or Pollock Fish Fingers with Chips & Peas

### Homemade Veggie Supreme Pizza

Homemade pizza base & sauce topped with veggies & cheese

### Jelly & Fruit

Orange Flavoured Jelly served with fruit slices

Filled Jackets and freshly made sandwiches and baguettes are also available

Fresh Bread, Yoghurt and Fruit are available daily

