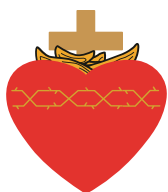


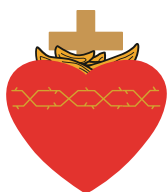
## Sacred Heart Catholic Primary School EYFS and KS1 RSHE/PSHE Overview

	EYFS	Year 1	Year 2
<b>Autumn 1</b>	<p><b><u>Module 1: Created and Loved by God</u></b> Unit 1: Religious Understanding (Creation) <b>Session 1</b> - Hand made with love (5 story session)</p> <p>Unit 2: Me, My Body, My Health <b>Session 1</b> - I am me (Creation) <b>Session 2</b> - Head, shoulders, knees and toes <b>Session 3</b> - Ready Teddy Assessment</p>	<p><b><u>Module 1: Created and Loved by God</u></b> Unit 1: Religious Understanding (Creation) <b>Session 1</b> - Hand made with love (story session)</p> <p><b><u>Module 2: Created to Love Other</u></b> Unit 1: Religious Understanding <b>Session 1</b> - God loves you Assessment</p> <p><u>Listening Skills Program</u></p>	<p><b><u>Module 1: Created and Loved by God</u></b> Unit 1: Religious Understanding <b>Session 1</b> - Hand made with love (story session) Unit 2: Me, My Body, My Health <b>Session 1</b> - I am unique (Creation) <b>Session 2</b> - girls and boys <b>Session 3</b> - Clean and Healthy <b>Session 4</b> - Clean and Healthy Assessment (Animals including Humans)</p> <p>Unit 4: Life Cycles (Animals including humans) <b>Session 1</b> - The Cycle of Life Assessment</p>
<b>Autumn 2</b>	<p><b><u>Module 1: Understanding Religion</u></b> Unit 3: Emotional Well Being <b>Session 1</b> - I like, you like, we all like! <b>Session 2</b> - Good Feelings, Bad Feelings <b>Session 3</b> - Let's Get Real Assessment</p> <p>Unit 4: Life Cycles <b>Session 1</b>: Growing up</p>	<p><u>Friends for Life Session 1</u> <b>Activity 1</b> - Getting to know each other <b>Activity 2</b> - Making new friends <b>Activity 3</b> - Working together <b>Activity 4</b> - We are all living beings <b>Activity 5</b> - coping with worries</p>	<p><b><u>Module 1: Created and Loved By God</u></b> Unit 3: Emotional Wellbeing <b>Session 1</b>- Feelings, likes and dislikes <b>Session 2</b> - feeling, inside and out <b>Session 3</b> - Super Susie Gets Angry Assessment</p> <p><u>Friends for Life Session 3</u> (Animals including Humans) <b>Activity 1</b> - Learn to be a friend to our bodies</p>



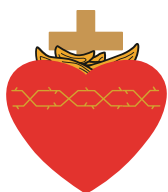
## Sacred Heart Catholic Primary School EYFS and KS1 RSHE/PSHE Overview

		<p><u>Friends for Life</u> Session 2</p> <p><b>Activity 1</b> - recognising and conveying feelings</p> <p><b>Activity 2</b> - Showing our feelings is important</p>	<p><b>Activity 2</b> - learning and practising relaxation</p> <p><b>Activity 3</b> - Milkshake Breathing</p> <p><b>Activity 4</b> - Relaxation</p> <p><b>Activity 5</b> - More relaxation - sports relaxation</p> <p><b>Activity 6</b> - Learn to feel good</p> <p><b>Activity 7</b> - Helping others to feel good</p>
Spring 1	<u>Listening Skills Program</u>	<p><u>Friends For Life</u> Session 2</p> <p><b>Activity 3</b> - Understanding Feelings</p> <p><b>Activity 4</b> - Different types of feelings</p> <p><b>Module 2: Created to Love Other</b></p> <p>Unit 2: Personal Relationships (Forgiveness)</p> <p><b>Session 1</b> - Special People</p> <p><b>Session 2</b> - Treat others well</p> <p><b>Session 3</b> - And say sorry</p> <p>Assessment</p>	<p><u>One World</u> (materials)</p> <p><b>Session 1</b> - Families</p> <p><b>Session 2</b> - Homes</p> <p><b>Session 3</b> - schools</p> <p><b>Session 4</b> - Environment</p> <p><b>Session 5</b> - Resources</p> <p><b>Session 6</b> - Planet Protectors</p>  <p>A really good story to show the effects humans have on our planet. Could be used during a lesson or during story time.</p>



## Sacred Heart Catholic Primary School EYFS and KS1 RSHE/PSHE Overview

<p style="text-align: center;"><b>Spring 2</b></p>	<p><b><u>Module 2: Created to Love Others</u></b></p> <p>Unit 1: Religious Understanding  <b>Session 1</b> - Role Model          Assessment</p> <p>Unit 2: Personal Relationships  <b>Session 1</b> - Who's Who?  <b>Session 2</b> - You've Got a Friend  <b>Session 3</b> - Forever Friends          Assessment</p> <p style="color: green;"><b>Circle Time Activities</b></p>	<p><b><u>Module 2: Created to Love Others</u></b></p> <p>Unit 3: Being Safe  <b>Session 1</b> - Being Safe  <b>Session 2</b> - Good secrets, bad secrets  <b>Session 3</b> - Physical Contact  <b>Session 4</b> - Physical Contact  <b>Session 4</b> - Harmful substances  <b>Session 5</b> - Can you help me?          Assessment</p> <p style="color: blue;">Staying safe at home          Staying safe outside          Staying safe around strangers</p>	<p><b><u>Module 2: Created to Love Others</u></b></p> <p>Unit 3: Being Safe  <b>Session 1</b> - Being Safe  <b>Session 2</b> - Good secrets, bad secrets  <b>Session 3</b> - Physical Contact  <b>Session 4</b> - Physical Contact  <b>Session 4</b> - Harmful substances  <b>Session 5</b> - Can you help me?          Assessment</p> <p style="color: blue;">Staying safe at home          Staying safe outside          Staying safe around strangers</p>
<p style="text-align: center;"><b>Summer 1</b></p>	<p><b><u>Module 2: Created to Love Others</u></b></p> <p>Unit 3: Keeping Safe  <b>Session 1</b> - Safe Inside and Out  <b>Session 2</b> - My Body, My Rules  <b>Session 3</b> - Feeling Poorly  <b>Session 4</b> - People Who Help Us          Assessment</p> <p style="color: green;"><b>Circle Time Activities</b></p>	<p><b><u>Britain</u></b></p> <p style="color: blue;"><b>Session 1</b> - My School  <b>Session 2</b> - My Community  <b>Session 3</b> - My Neighbourhood  <b>Session 4</b> - My Country  <b>Session 5</b> - British People  <b>Session 6</b> - What makes me proud</p>	<p><b><u>Respecting Rights</u></b></p> <p style="color: blue;"><b>Session 1</b> - Rights  <b>Session 2</b> - Protecting our rights  <b>Session 3</b> - Respecting others  <b>Session 4</b> - Everybody's Different  <b>Session 5</b> - Is it fair?  <b>Session 6</b> - Taking Part</p>



## Sacred Heart Catholic Primary School EYFS and KS1 RSHE/PSHE Overview

<b>Summer 2</b>	<p><b><u>Module 3: Created to Live in Community</u></b></p> <p>Unit 1: Religious Understanding  <b>Session 1</b> - God is Love  <b>Session 2</b> - Loving God, Loving Others            Assessment</p> <p>Unit 2: Living in the Wider World  <b>Session 1</b>: Me, You, Us            Assessment</p> <p style="color: green;"><b>Circle Time Activities</b></p>	<p><b><u>Module 3</u></b></p> <p>Unit 1: Religious Understanding  <i>(Sharing the Life of Jesus and Following Jesus Today)</i>  <b>Session 1</b> - Three in one  <b>Session 2</b> - Who is my neighbour?            Assessment</p> <p>Unit 2: The Communities We Live in  <i>(Our Church)</i>  <b>Session 1</b> - The communities we live in            Assessment</p>	<p><b><u>Module 3</u></b></p> <p>Unit 1: Religious Understanding  <i>(Our Church and The Mass)</i>  <b>Session 1</b> - Three in one  <b>Session 2</b> - Who is my neighbour?            Assessment</p> <p>Unit 2: The Communities We Live in <i>(Our Church and The Mass)</i>  <b>Session 1</b> - The communities we live in            Assessment</p>
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All classes should cover:

- importance of washing hands
- importance of brushing teeth
- sun protection